

Wednesday, December 20th, 2023 notes.

Today is the last day of Autumn and what a beautiful fall day it is! Hope you've had a chance to get out there and enjoy it!

As we head off to winter, let's leave fall with some great news; after over a year of searching we have a new Foot Care Nurse. She's Laurie Ann Altsman and she comes to us officially on Wednesday February 7th and will be here every first Wednesday going forward. Her foot care process will include "a foot assessment, toenail trimming and foot massage for individuals with sore feet and those who just can't reach their toes".

You'll arrange appointments by calling her directly, her number is 413-770-0653. She'll ask you some pertinent get-to-know-you questions and take it from there. Her sessions are \$50 per visit. Any questions? I would suggest that you call Laurie directly. She'll have all the answers.

Our friends at the AARP Tax Aide program are looking for a few greeters to help out. These folks would greet people coming for tax assist and assist in filling out some preliminary paperwork-not actually complete or file anyone's taxes. So...if you are looking for a good volunteer position which will allow you to meet people and provide a valuable public service-but don't want to fool with numbers or computers, this may interest you, let us know, they'll be glad to hear from you. I guess that the appropriate title for this position is "Client Facilitator" and yes, they will provide training in January for the position.

The American Legion Post 125 in North Adams is hosting the annual "Be Our Guest" dinner on Christmas from noon-2:00 PM. The menu calls for ham, potatoes, veggies, rolls and a dessert. There are delivery options available between 11:00 and 2:00. Interested? Call 413-664-9004 to reserve or for information.

This is the 68th year that the North Adams Frank R Stiles Post has hosted this meal at Christmas. Great job folks, great tradition. Thank you!

From your friends at Harper to you and yours, Happy Holidays all!

Carmel, Sarah, Rick and Brian.